

[Aquatics Department](#)

The Aquatics Department strives to provide a safe, inviting, fun environment for recreational swimming and a variety of educational, affordable programs for all ages.

[Pool Staff Contact Information](#)

John Volk

Aquatics Coordinator

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Fremont Buchser & Addie Chapman

Senior Lead Lifeguards: aquatics@cityofdelta.net

[General Information:](#)

-Children 5 & under and non-swimmers MUST be accompanied in the pool with an adult (16 years of age or older) actively supervising them and stay within arm's length reach (even if child is in a lifejacket). Parents are directly responsible for the safety and well-being of their children.

-Non-swimmers are encouraged to wear coast guard approved lifejackets. As a courtesy, we have life-jackets available for use; but supply is limited. First come, first serve.

-All children 3 & under AND children over 3 that are not toilet trained MUST wear a swim diaper.

-Do not use the pools, hot tub or sauna if you show any signs of illness or diarrhea or have had diarrhea in the last two weeks.

-All patrons must shower thoroughly before using the pools or hot tub.

-No prolonged breath holding.

-Only dive in designated areas. Diving in shallow areas is prohibited.

-Patrons whom are pregnant or have heart conditions are encouraged to check with their physician before utilizing the hot tub or sauna.

-Children over the age of 5 should utilize their gender specific locker rooms or family changing rooms.

-Lifeguards are the final authority on rules and regulations in the pool area.

[Pool Hours:](#)

The aquatics area, including the sauna, closes 30 minutes prior to the rest of the facility. Patrons are encouraged to check the Aquatics Pool Schedule posted online, at the front desk, and on the pool calendar in the aquatics area for scheduled groups and/or closures.

[Adult Fitness Swim Times:](#)

Monday - Friday

Wellness Pool & Lazy River: 5:30am to 1:00pm

Main Pool/Lap Swimming: 5:30am to 1:00pm

[Open Swim:](#)

Tot Pool: [Monday-Thursday, 9:00am-8:30pm, Fridays 9:00am-7:30pm](#)

Wellness Pool & Lazy River: [Monday-Thursday, 1:00 p.m-8:30pm, Fridays 1:00pm-7:00pm](#)

Main Pool (Lap Pool) & Diving Board: [Monday-Thursday, 1:00 p.m-8:30pm, Fridays 1:00pm-7:00pm](#)

Saturday All Pools open for Open Swim: [8:00am - 7:00pm.](#)

Sunday All Pools open for Open Swim: [12:00pm - 5:00pm.](#)

[Limited Lap Swim:](#)

All lap lanes are available during Adult Fitness Swim Times above. Generally, there are 2-3 lap lanes open during all hours of operation. Patrons are encouraged to check the Aquatics Pool Schedule posted online, at the front desk, and on the pool calendar in the aquatics area for scheduled groups and/or closures.

[Hot Tub & Sauna:](#)

The hot tub and sauna are open during all normal hours of operation for use. Patrons must be 16 years of age or older to use the hot tub; 18 years or older to use the sauna. Patrons who appear to not be these ages may be asked to show proof of age. As a courtesy to all patrons, if you are sick or feeling ill, please refrain from using either the sauna or hot tub. Appropriate clothing is required in the Sauna; appropriate swimwear is required in the hot tub.

[Swim Lesson Information:](#)

The American Red Cross Swimming and Water Safety program teaches people how to be safe in, on, or around water and to teach individuals of different ages and abilities how to swim. In a logical progression, the program covers the knowledge and skills needed for aquatic development. As participants develop these skills, they will become safer and better swimmers. All of our courses are taught by American Red Cross certified Water Safety Instructors. We strive for a 1:5 participant ratio as much as possible. Classes with less than 3 participants may be cancelled. Children 3 and under, and those not toilet trained, must wear swim diaper or plastic pants. Please click on the link to the right for more information on swimming lessons.